

National Drug and Alcohol Facts Week® (NDAFW) Classroom Activities



These are hands-on activities for the classroom that will inspire creativity while equipping teens with the facts about the effects of drugs on their brain, body, and life. Use the NIDA [Drug Facts pages](#); the booklet, [Drugs: SHATTER THE MYTHS](#); and the [Drugs & Health Blog](#) for inspiration and free content!



Become a CSI Agent

In this virtual game, students can step into the shoes of a rookie crime scene investigator and explore the biology of prescription drug misuse. Create teams in the classroom (one computer per team). Have teams visit [CSI: Web Adventures](#) and select **Case Four: Bitter Pill**.

Teams compete to see who can solve the mystery first. They'll explore a house fire that leaves one person dead and another in the hospital. Was it arson? Did the person really die from the fire, or was there another cause?

Before or after the game, discuss the facts about [prescription drug misuse](#).

La droga sobre las drogas y la salud	del coeficiente intelectual (CI) sobre las drogas y el alcohol	Flakka	La cocaína	Los cigarrillos electrónicos
La MDMA (Éxtasis/ Molly)	Los alucinógenos	ESPAÑO LIBRE	La metanfetamina	Día de preguntas y respuestas sobre las drogas y el alcohol
Derribar los mitos (Shatter the Myths)	NIDA para los adolescentes	La marihuana	El tabaco	Los esteroides

BINGO PARA NDAFW

El equipo de NDAFW se entusiasma con presentar un nuevo juego de Bingo que cualquier persona pueda utilizar. En lugar de mostrar las palabras BINGO arriba, las 5 letras leerá NDAFW (**National Drug and Alcohol Facts Week®**, Semana nacional de los hechos sobre las drogas y el alcohol). El centro de la tarjeta seguirá siendo un espacio vacío y los

otros bloques se llenarán con términos relacionados a NDAFW.

El llamador (maestro, asesor residente, mentor) llamará una palabra de vocabulario de la hoja proveída (ver el documento adjunto abajo) y después leerá la descripción que sigue después de la palabra. El objetivo de este juego es de educar a los jugadores sobre ciertos temas y hechos acerca del consumo de las drogas y el alcohol. El juego continuará hasta que uno de los jugadores tenga un patrón de bingo ganador (hacia arriba, abajo, a través o diagonal).

Cuando el juego termine, se les sugiere a los llamadores del juego a terminar de leer la lista de palabras de vocabulario que no fueran llamadas. Puede imprimir las tarjetas proveídas, o puede crear sus propias.

- [Las tarjetas de BINGO \(PDF, 451 KB\)](#)
- [El vocabulario \(PDF, 1 MB\)](#)
- [En inglés](#)



Choose Your Path

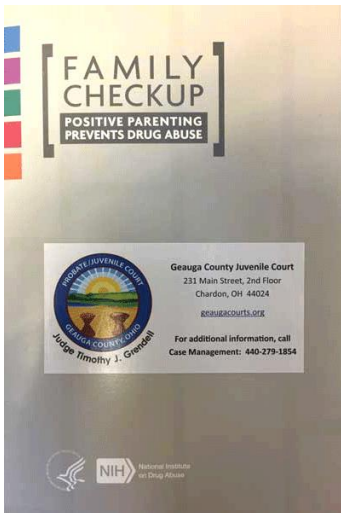
Focus on the dangers of prescription drugs. Show NIDA's "[Choose Your Path](#)" interactive videos on a large screen. Let the students vote for which "paths" to choose. Invite a health teacher, school nurse, or local expert (such as a doctor, scientist, nurse, or pharmacist) to talk to the students about their choices. Or simply discuss the [facts about prescription drugs](#).



Drug Facts "Book Club"

If your students have questions about drug use, or you want them to know the facts, our free booklets are handy resources: [Drugs: SHATTER THE MYTHS](#); [Drugs, Brains, and Behavior: The Science of Addiction](#); [Marijuana: Facts for Teens](#); and [Opioid Facts for Teens](#). So are our [Drug Facts pages](#). Ask students to review and discuss the facts in these booklets. You can guide the discussion with questions like these:

1. Why do teens try drugs?
2. What's dangerous about drugs?
3. What is vaping, and how can it affect a teen's brain and body?
4. What are opioids, and what is prescription opioid misuse?
5. Is there such a thing as drugs that help you study better?
6. Why is it dangerous to use drugs and drive?
7. Can addiction be cured?



To order the booklets, email us at drugfacts@nida.nih.gov.

Feel free to add your school's (or other organization's) contact information to our publications, as shown at the left.



Drug Facts Listicle

Remind teens about the dangers of drugs with one or more listicles about drug facts using NIDA's resources: [Drug Facts pages](#), the [Drugs: SHATTER THE MYTHS](#) booklet, and the [Drugs & Health Blog](#). Have students create a list of 10 reasons why they should stay away from vaping, alcohol,

nicotine, or other drugs.



Graffiti Fact Wall

Have students create a graffiti wall on poster paper with facts about drugs, anti-drug slogans, facts/myths about drugs and drug use, and where to get help. The graffiti wall could be displayed in a classroom or in a high-traffic hallway in the school. Use NIDA's [Drug Facts](#) pages, [Drugs & Health Blog](#) posts, and the [Drugs: SHATTER THE MYTHS](#) booklet to inspire messages for the wall.



NDAFW Bingo

The **National Drug and Alcohol Facts Week®** (NDAFW) Bingo game educates players about topics and facts related to drug and alcohol use. Anyone can use the NDAFW Bingo game: classrooms, school-wide groups, community groups, and others. Instead of displaying the words "BINGO" at the top, the game cards (linked below) display "NDAFW."

(You can print the cards provided or make your own.) The center of the card is an empty ("free") space; the other blocks are filled with terms related to NDAFW.

The caller (teacher, RA, or mentor) calls out a word from the NDAFW Vocabulary Sheet (linked below) and reads the definition that goes with that word. The game continues until one of the players has a winning BINGO pattern (up, down, across, or diagonal).

After the game ends, callers can finish reading the vocabulary words that weren't called and their definitions.

- Download [Bingo Cards \(PDF, 21MB\)](#)
- Download [Vocabulary Sheet \(PDF, 1MB\)](#)
- [En Español](#)



Radio Public Service Announcement (PSA)

Have teens write a radio PSA about teen drug use (such as [vaping](#)), record it, and share it with their class or the school. You could also contact local radio stations to ask them to play the PSA or to interview the students who created it.



Remembering Celebrities

By understanding that drug use can take away youth and talent, students may understand the effects in a new way. Have students research the life of their favorite celebrity who passed away from drug use or overdose.

[See Dr. Lonise Bias, mother of the late Len Bias, and students at Mentor](#)

[USA's event](#)



SHATTER THE MYTHS Video Contest

Have teens create a 1-minute video about how drug use has affected their school or community, or someone they know. The challenge is to only use music and images to create their video—no words allowed! Organize a judging panel and post the entries on the school website.



Songwriting Competition

Encourage students to use their musical talent to spread the word about drugs and drug use. Sponsor a songwriting contest based on [drug facts](#), and offer prizes for the "most creative," "most inspiring," and "most moving" songs.



Teens Speak Out!

Have students write to their senator, congressperson, mayor, governor, or even the president about drug use issues that are important to them. This is a chance for students to make their voices heard, and to focus on how they think teen drug use can be prevented.

[See Breese, IL Mayor Charles Hilmes signing NDFW proclamation](#)